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# Evaluation of the antioxidant, antibacterial, and antibiofilm activity of the sesquiterpene nerolidol

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## Abstract

The aim of this study was to evaluate the antioxidant, antibacterial, and antibiofilm activities of nerolidol. The antioxidant activity of nerolidol was determined using the total antioxidant activity method. Antibacterial activity was performed using the microdilution method to determine the minimum inhibitory concentration (MIC) against seven standard strains of the ATCC and four bacterial clinical isolates with a resistance profile, following the Clinical and Laboratory Standards Institute (CLSI). The antibiofilm activity of nerolidol was performed using the crystal violet method. The results of the antioxidant test revealed a total antioxidant activity of 93.94%. Nerolidol inhibited the growth of *Staphylococcus aureus* (MIC = 1 mg/mL), *Streptococcus mutans* (MIC = 4 mg/mL), *Pseudomonas*

*aeruginosa* (MIC = 0.5 mg/mL), and *Klebsiella pneumoniae* (MIC = 0.5 mg/mL). For clinical isolates, nerolidol showed an inhibitory potential against multidrug-resistant *P. aeruginosa*, *K. pneumoniae* carbapenemase (MIC = 0.5 mg/mL), methicillin-susceptible *S. aureus* (MIC = 2 mg/mL), and methicillin-resistant *S. aureus* (MIC = 2 mg/mL). Nerolidol showed similar antibacterial activity against ATCC strains and hospital clinical isolates with resistance profile, suggesting that even though these strains are resistant to antibiotics, they are still sensitive to nerolidol. Nerolidol exerted a dose-dependent effect on the inhibition of biofilm formation, even at subinhibitory concentrations. Nerolidol inhibited bacterial biofilms of ATCC strains at a rate ranging from 51 to 98%, at concentrations ranging from 0.5 to 4 mg/mL. For clinical bacterial isolates, biofilm inhibition ranged from 6 to 60%. Therefore, the present study showed the antioxidant, antibacterial, and antibiofilm properties of nerolidol.

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## Availability of data and materials (data transparency)

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All relevant data are available in the manuscript.

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Contributions

DFM—designed the project, executed the laboratorial  
methodology, analyzed the data, and wrote the article. TAR

—assisted in the laboratory experiments and data analysis.

DMB—assisted in the laboratory experiments, data

analysis, and writing the manuscript. MMS—assisted in the

tabulation, statistical analysis of the data. MSS—assisted in setting up and carrying out laboratory experiments. BMN—participated in collecting samples and carrying out experiments. IMFC—supervised the laboratory experiments and contributed to the critic evaluation of the manuscript. RDM—assisted in the data analysis and writing the manuscript. MVS—supported research planning and writing the manuscript. All the authors have read the manuscript and approved its submission.

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## Ethics declarations

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Conflict of interest

The authors declare no conflict of interest.

Ethics approval

This article does not involve studies with humans and animals.

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