

Chemical Profile and *in vitro* Biological Activities of Essential Oils of *Nectandra puberula* and *N. cuspidata* from the Amazon

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Essential oils (EO) from leaves and branches of *Nectandra puberula* Schott (Nees) and from leaves of *N. cuspidata* Nees & Mart. were obtained by hydrodistillation and their chemical compositions determined by gas chromatography - mass spectrometry (GC-MS). The main compounds identified from *N. puberula* EO were apiole (22.2%), β -caryophyllene (15.1%), β -pinene (13.3%), germacrene D (8.3%), pogostol (6.6%) and bicyclogermacrene (6.4%) in the leaves; and apiole (28.1%), pogostol (19.8%) and guaiol (11.2%) in the branches. The EO of *N. cuspidata* leaves showed β -caryophyllene (26.9%), bicyclogermacrene (16.0%) and spathulenol (5.2%) as the main compounds. The EOs were subjected to antibacterial screening and displayed promising activity against *Escherichia coli* (MIC = 19.5 $\mu\text{g}\cdot\text{mL}^{-1}$). In addition, the EOs were tested for cytotoxic activity against MCF-7 breast tumor cells and the IC₅₀ values were 64.5 \pm 1.6 and 117.1 \pm 11.9 $\mu\text{g}\cdot\text{mL}^{-1}$ for the leaf EOs of *N. puberula* and *N. cuspidata*, respectively.

Keywords: Lauraceae, Sesquiterpenes, Phenylpropanoids, Breast cancer, *Escherichia coli*.

The Lauraceae is a pantropic family, containing about 50 genera and probably 2500-3500 species, including trees and shrubs. Southeastern Asia and tropical America are the main centers for diversity of the Lauraceae. These species frequently occur in lowland rain forests to tropical montane forests with an altitude up to ca. 4000 m [1, 2]. Many species are highlighted due to their economic importance in cooking, in carpentry and construction, papermaking, in the perfume industry, the chemical industry, and folk medicine [3]. The genus *Nectandra* belongs to the *Ocotea* complex and comprises about 114 species. It is endemic to the Neotropics with restricted distribution in tropical and subtropical Americas, with an estimated 43 species occurring in Brazil [4, 5, 6]. This genus has reported folk medicinal uses as an antifungal, anti-inflammatory, antimalarial, anticancer, analgesic, and febrifuge, as well as being used for the treatment of ulcers, among others [5].

N. puberula Schott (Nees) is commonly known in the Amazon region as “louro amarelo” and “yellow cinnamon” and is presently restricted in distribution to the north, southeast, and southern regions of Brazil [7]. It is a tree up to 20 m in height. Neolignans have been found in the extract of the trunk wood [8]. *N. cuspidata* is a shrub or tree, 5–30 m in height. The plant is not endemic to Brazil, but occurs in most states [2, 7]. A phytochemical investigation of the leaf extract resulted in the isolation and characterization of megastigmane, aporphinoid alkaloids, sesquiterpenes, polyprenols and sterols [9].

Despite the high aromatic potential, there have been few studies on the chemical composition of essential oils (EOs) of *Nectandra* species. To our knowledge, there are no previous reports on either the phytochemistry or the biological activities of the EOs of these two *Nectandra* species.

Fifty-nine volatile components were identified in the EOs from *Nectandra* species, comprising approximately 97.7% of the total composition of the oils (Table 1). The most representative class of compounds in the leaf EOs of both species was oxygenated terpenoids; about 42.3% in *N. puberula* and 76.2% in *N. cuspidata*. Comparison of the chemical profiles of the samples is shown in Figure 1. *N. puberula* oils showed a significant difference in terpene accumulation between leaves and branches. The branch oil displayed a higher concentration of oxygenated sesquiterpenoids (44.7%). The main compounds identified in the EO from *N. puberula* were apiole (22.2%), β -caryophyllene (15.1%), β -pinene (13.3%), germacrene D (8.3%), pogostol (6.6%) and bicyclogermacrene (6.4%) in the leaves, and apiole (28.1%), pogostol (19.8%) and guaiol (11.2%) in the branches. The EO of *N. cuspidata* leaves showed β -caryophyllene (26.9%), bicyclogermacrene (16.0%) and spathulenol (5.2%) as the main compounds.

The occurrence of sesquiterpene hydrocarbons and oxygenated sesquiterpenoids in *Nectandra* species has been reported. The main compounds of the EO from *N. megapotamica* leaves were α -bisabolol (62.3–69.4%) and δ -elemene (8.2–22.6%) [10]. The leaf oil of *N. salicina* growing wild in Costa Rica was dominated by atractylone (14.6%), viridiflorene (10.1%), α -pinene (9.4%), β -caryophyllene (7.2%), α -humulene (7.0%), δ -cadinene (6.1%), β -pinene (6.0%) and germacrene D (5.8%) [11]. Similarly, the leaf oil of *N. membranacea* from Costa Rica was rich in δ -cadinene (14.1%), α -copaene (12.5%), germacrene D (6.9%), α -humulene (5.6%), β -caryophyllene (5.5%), and bicyclogermacrene (4.8%), as well as the monoterpenes α -pinene (22.4%) and β -pinene (12.6%) [12]. The EO of *N. coriacea* showed valerianol (16.7%) and γ -eudesmol (12.3%) [13]. In addition, the occurrence of monoterpenoids in *Nectandra* oils was reported such as mentha-

1(7),8-diene, α -terpinolene, α -pinene, β -pinene and α -terpineol in *N. falcifolia* and *N. elaiophora* [14, 15]. However, the occurrence of phenylpropanoid derivatives such as dillapiole has not been previously reported in volatile oils from *Nectandra* species.

The antiproliferative effect of metabolites isolated from *Nectandra* species against tumor cell lines have been reported [16]. The neolignans from *N. megapotamica* displayed cytotoxic activity and induced apoptosis in leukemia cells (HL-60) [17]. The crude extract of *N. rigida* was rich in dehydrodiisoeugenol, which is reported to be a cytotoxic agent [18]. In this study, the EOs showed good activity against the MCF-7 breast tumor cell line. The IC₅₀ values were 64.5 ± 1.6 and 117.1 ± 11.9 $\mu\text{g}\cdot\text{mL}^{-1}$ for EOs from leaves of *N. puberula* and *N. cuspidata*, respectively.

The most activity was observed for *N. puberula* oil, which is characterized by high contents of apiole (22.2%), a phenylpropanoid, followed by β -caryophyllene (15.1%) and β -pinene (13.3%). The cytotoxic effects against MCF-7 cell lines have been observed for phenylpropanoids such as anethole, cinnamaldehyde and eugenol [19]. Apiole was administered to mice at 1-30 mg/kg body weight through intraperitoneal injection and displayed a promising antitumor effect against colon tumors (COLO 205) in an *in vivo* xenograft model [20]. The IC₅₀ values for α -pinene and β -caryophyllene have been found to be 20.6 and 19.7 $\mu\text{g}\cdot\text{mL}^{-1}$, respectively, against MCF-7 cells [21]. In addition, β -caryophyllene potentiated the anticancer activity of paclitaxel on MCF-7 at a concentration of 10 $\mu\text{g}\cdot\text{mL}^{-1}$ [22]. The main compounds in *N. cuspidata* oil were β -caryophyllene (26.9%), bicyclogermacrene (16.0%) and spathulenol (5.2%). The EO from *N. leucantha*, rich in bicyclogermacrene (28.4%) and spathulenol (5.8%), displayed significant cytotoxic activity against murine melanoma (B16F10-Nex2), human glioblastoma (U-87) and human cervical carcinoma (HeLa) cell lines. However, the IC₅₀ values against MCF-7 were 193.8 $\mu\text{g}\cdot\text{mL}^{-1}$ and 19.0 $\mu\text{g}\cdot\text{mL}^{-1}$ for the EO and bicyclogermacrene, respectively [23].

The antimicrobial property is of great importance in the applications of EO against certain human or animal pathogens [24]. In bacteria, the permeabilization of the membranes is associated with loss of ions and reduction of membrane potential, collapse of the proton pump and depletion of the ATP pool [25]. *Nectandra* leaf oils showed notable antibacterial activity against *E. coli* (MIC = 19.5 $\mu\text{g}\cdot\text{mL}^{-1}$) (Table 2).

The antibacterial activities of the main compounds, apiole, β -caryophyllene, β -pinene, germacrene D, bicyclogermacrene and spathulenol have been reported previously [26]. The EO from *Psammogeton canescens*, rich in α -pinene (20.0%) and apiole (15.3%), exhibited strong antibacterial activity against *Escherichia coli* (MIC, 14.0 ± 0.8 $\mu\text{g}\cdot\text{mL}^{-1}$) [27]. *Eugenia uniflora* oil, rich in apiole (11.1%) and oxygenated sesquiterpenes, was active towards two Gram-positive bacteria, *Streptococcus equi* and *Staphylococcus epidermidis* [28]. The oil of the trunk bark of *Onychopetalum amazonicum*, rich in β -caryophyllene and spathulenol, exhibited good activity against *Staphylococcus epidermidis* (ATCC 12228), *Escherichia coli* (ATCC 10538) and *Kocuria rhizophila* (ATCC 9341), with MIC values of 62.5 $\mu\text{g}\cdot\text{mL}^{-1}$ [29]. In addition, β -caryophyllene exhibited strong antibacterial effect against *E. coli* (MTCC 732), with a MIC value of 9.0 ± 2.2 μM [30].

In summary, our results indicate that *Nectandra* oils could be used as natural antimicrobial agents against *E. coli* and tested in future studies for the treatment of breast cancer.

Table 1: Chemical composition of EOs from *Nectandra* species from the Amazon.

Constituents	RI ^{calc.}	RI ^{lit.}	<i>N. puberula</i>		<i>N. cuspidata</i>
			Leaves	Branches	Leaves
α -Pinene	934	932	5.0		
β -Pinene	978	974	13.3	1.4	
Myrcene	992	988	0.8		
Limonene	1028	1024	2.7	3.0	
Linalool	1102	1095		0.8	
δ -Elemene	1336	1335			4.4
α -Copaene	1374	1374			4.6
β -Bourbonene	1386	1387	0.5		
β -Elemene	1391	1389	2.0	2.1	0.8
β -Caryophyllene	1421	1417	15.1	2.8	26.9
β -Copaene	1427	1430			0.5
β -Gurjunene	1432	1431			0.4
α -trans-Bergamotene	1435	1432			3.1
γ -Elemene	1435	1434		0.9	
α -Guaiene	1440	1437	1.3	0.8	
Aromadendrene	1443	1439			0.4
α -Humulene	1452	1452	1.8	1.2	3.2
(E)- β -Farnesene	1458	1454			1.5
γ -Muurolene	1476	1478			0.5
Amorpha-4,7(11)-diene	1480	1479			4.5
Germacrene D	1483	1484	8.3	4.5	
γ -Himachalene	1484	1481			2.5
cis-Eudesma-6,11-diene	1488	1489	2.3	1.7	
unidentified	1490		1.1		
epi-Cubebol	1496	1493		1.5	
Bicyclogermacrene	1498	1500	6.4		16.0
4-epi-cis-Dihydroagarofuran	1501	1499		1.0	
α -Bulnesene	1508	1509	2.3	1.7	
β -Bisabolene	1509	1505			1.4
γ -Cadinene	1512	1513		0.8	1.2
7-epi- α -Selinene	1516	1520			0.3
δ -Cadinene	1523	1522	1.1	3.0	3.5
trans-Cadina-1,4-diene	1531	1533			0.5
Elemol	1551	1548		0.9	
Germacrene B	1558	1559	1.3		
Muuro-5-en-4- α -ol	1558	1559		1.2	
Maaliol	1564	1566			0.6
Caryophyllenyl alcohol	1567	1570			0.3
Spathulenol	1578	1577	1.7		5.2
Unidentified	1583				4.7
Caryophyllene oxide	1584	1582	2.1	1.3	
Viridiflorol	1590	1592			1.6
Guaiol	1597	1600		11.2	0.8
Rosifoliol	1600	1600			0.9
6-Methoxy-elemicin	1601	1595	1.7		
Rosifoliol	1610	1600		0.7	
unidentified	1621				0.6
1-epi-Cubenol	1626	1627			0.7
Muuro-4,10(14)-dien-1- β -ol	1630	1630		1.1	
Camphoric acid	1633	1634			0.6
allo-Aromadendrene epoxide	1637	1639			1.6
epi- α -Muuro-ol (=r-Muuro-ol)	1640	1640		4.4	1.5
α -Muuro-ol (=Torreyol)	1644	1644		1.3	0.3
α -Eudesmol	1652	1652		1.3	
α -Cadinol	1653	1652			1.7
Selin-11-en-4- α -ol	1655	1658			0.4
Pogostol	1656	1651	6.6	19.8	
Unidentified	1660		0.7		
Bulnesol	1669	1670		1.4	
epi- β -Bisabolol	1670	1670			1.4
α -Bisabolol	1682	1685			1.0
Apiole	1687	1677	22.2	28.1	
Monoterpene hydrocarbons			21.7	4.4	
Oxygenated monoterpenoids				0.8	
Sesquiterpene hydrocarbons			42.3	19.5	76.2
Oxygenated sesquiterpenoids			10.3	44.7	18.0
Phenylpropanoids			23.9	28.1	
Others				0.6	
Total identified			98.3	100.0	94.8

RI^{calc.} = based on DB-5ms capillary column and alkane standards (C8-C32).

RI^{lit.} = based on Adams [31].

Table 2: Antimicrobial activity of *Nectandra* essential oils from the Amazon.

	Minimum inhibitory concentration ($\mu\text{g}\cdot\text{mL}^{-1}$)		
	Gentamicin (positive control)	<i>N. puberula</i>	<i>N. cuspidata</i>
<i>P. aeruginosa</i>	<19.5	1250	1250
<i>E. coli</i>	<19.5	19.5	19.5
<i>S. epidermidis</i>	<19.5	1250	1250
<i>S. aureus</i>	<19.5	625	625
<i>B.cereus</i>	<19.5	625	312.5

Experimental

Plant material: *Nectandra puberula* Nees was collected in Santarém (S 02° 25.0' 10.2" W 54° 44' 26.9") and a voucher (HSTM000092) was deposited in the herbarium of Universidade Federal do Oeste do Pará, Santarém, Pará State, Brazil. *N. cuspidata* was collected in Caxiuanã National Forest, Marajó Island (S 01° 44' 18.8" W 51° 27' 27.4"), and a voucher (MG 104948) was deposited in the Herbarium of Museum Paraense Emílio Goeldi, Belém, Pará state, Brazil.

Leaves and branches from several mature plants were air-dried, pulverized, and subjected to hydrodistillation using a Clevenger-type apparatus (100 g, 3 h). The essential oils were dried over anhydrous sodium sulfate, and their percentage contents were calculated on the basis of the dry weight of plant material. The moisture contents of the samples were calculated after phase separation using a Dean–Stark trap (5 g, 60 min) using toluene as the solvent phase.

Gas chromatographic – mass spectral analysis: The essential oils were analyzed by GC-MS using an Agilent 6890 GC with an Agilent 5973 mass selective detector (MSD) [operated in the EI mode (electron energy = 70 eV), scan range = 40–400 amu, and scan rate = 3.99 scans/sec], and an Agilent ChemStation data system. The GC column was an HP-5ms fused silica capillary with a (5% phenyl)-polymethylsiloxane stationary phase, film thickness of 0.25 µm, length of 30 m, and internal diameter of 0.25 mm. The carrier gas was helium with a column head pressure of 48.7 kPa and a flow rate of 1.0 mL/min. Injector temperature was 200°C and detector temperature was 280°C. The GC oven temperature program was used as follows: 40°C initial temperature, held for 10 min; increased at 3°C/min to 200°C; increased at 2°C/min to 220°C. A 0.2%, w/v, solution of the sample in CH₂Cl₂ was prepared and 1 µL was injected using a splitless injection technique. The percentages of each component are reported as raw percentages based on total ion current without standardization. Individual components were identified by comparison of both mass spectrum and GC retention data with authentic compounds present in commercial libraries [31].

Antibacterial assay: The essential oils were screened for antimicrobial activity against *Escherichia coli* (ATCC No. 10798), *Pseudomonas aeruginosa* (ATCC No. 27853), *Bacillus cereus* (ATCC No. 14579), *Staphylococcus aureus* (ATCC No. 29213), and *Staphylococcus epidermidis* (ATCC No. 12228), using the microbroth dilution technique, as previously reported [32]. Thus, 50 µL of 1%, w/v, solution of the samples in DMSO was placed in a

well of 96 well plates and 50 µL of cation-adjusted Mueller Hinton broth (CAMHB) was added. The sample solutions were then serially diluted (1:1) by transferring 50 µL of sample-CAMHB mixture to the next lane and adding 50 µL fresh CAMHB to obtain concentration from 2500 µg.mL⁻¹ to 12.5 µg.mL⁻¹. The bacteria were harvested from a fresh culture and added to each well at a concentration of approximately 1.5 × 10⁸ colony forming units (CFU)/mL. The plates were incubated at 37°C for 24 h and the final minimum inhibitory concentration (MIC) was determined as the lowest concentration with no turbidity. Gentamicin was used as positive antibiotic control and DMSO was used as negative control.

Cytotoxic assay: MCF-7 human breast adenocarcinoma cells (ATCC No. HTB-22) were grown in RPMI 1640 supplemented with 10% fetal bovine serum (FBS), 30 mM HEPES, NaHCO₃, and penicillin streptomycin. *In vitro* cytotoxic activity of essential oils on MCF-7 cells was performed using the 96-well MTT assay, as previously reported [33]. Cells were plated into 96-well cell culture plates at a concentration of 1.2 × 10⁴ cells/well and a volume of 100 µL in each well. The plate was then labeled and incubated at 37°C and 5% CO₂ for 48 h. By then, the cells had reached 70–80% confluent growth. The supernatant fluid was gently aspirated (without touching the bottom of the well to avoid removing cells) and replaced with 100 µL growth medium containing 1.0 µL and 0.5 µL of essential oil (1% in DMSO), giving a final concentration of 100 and 50 µg.mL⁻¹. The plate was then incubated at 37°C and 5% CO₂ for 48 h. Then, the liquid was gently aspirated from each well. In a tube, 10 mL feeding medium was mixed with 2 mL of MTT stock solution (and was protected from light). Into each well, 100 µL of the MTT solution was added and the pre-read absorbance was immediately measured spectrophotometrically at 570 nm (using a Molecular Devices SpectraMax Plus 384 microplate reader). Formazan crystals were formed over the course of 4 h at 37°C and 5% CO₂. After 4h, DMSO was used to dissolve the purple crystals. The amount of MTT-formazan produced was determined spectrophotometrically at 570 nm. Growing medium, DMSO, and tingenone (100 µg.mL⁻¹) served as negative, compound, and positive controls, respectively. Solutions were added to wells in 8 replicates. Average absorbances, standard deviations, and percent kill ratios (% kill_{oil} / % kill_{control}) were calculated. Median inhibitory concentrations (IC₅₀) were determined using the Reed-Muench method [34].

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